WASH THE GERMS AWAY...

- **HAND WASHING** is the easiest way to stop spreading germs.
- Washing your hands for 20 seconds with warm water and soap or alcohol based hand sanitizer will **GREATLY** reduce your risk of catching and spreading germs.

PDPH
PHILADELPHIA
Department of Public Health

For more information about health hygiene call
The Philadelphia Department of Public Health
at 215-685-6740