

Let's Wash Our Hands!

Whooshy washy!
 Wet our hands
 Under running water
 Add some soap and
 Rub them hard
 Don't miss any part!
 Between our fingers
 Under the nails
 Rid germs without fail
 Front and back
 And round the wrist
 No germs will be missed!
 They may hide
 But we shall seek
 So we will not fall sick!
 Splishy splashy
 Bye bye germs
 Down the drain they squirm
 With clean towels
 We dry our hands
 Now let's show our friends!



Palm to palm



Between fingers



Back of hands



Base of thumbs



Back of fingers



Fingernails



Wrists



Rinse and wipe dry

Remember to wash our hands:



After using
the toilet



After sneezing
or coughing



After playing
with pets



After sports or
playing outside



Before eating