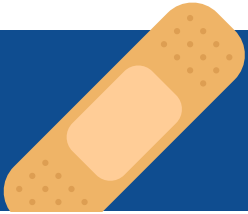


COVID

COVID-19 is a type of coronavirus that can cause short-term or long-term illness and sometimes death.



Updated COVID-19 vaccines are available for everyone 6 months and older. Vaccines protect you and those around you from getting severely sick with COVID-19.



Who is at risk for severe disease?

- Older adults
- Babies and young children under 5
- People with weakened immune systems
- People with certain disabilities
- Pregnant people
- People with certain health conditions

What are the symptoms?

- Fever or chills
- Sore throat or cough
- Breathing difficulty
- Runny nose or congestion
- Headache
- Nausea or vomiting
- Body aches
- New loss of taste or smell

How does it spread?

COVID-19 spreads from a cough or sneeze from someone with the virus, or from touching surfaces with the virus on it and then touching your face.

The virus can spread to others before someone who is infected experiences any symptoms.

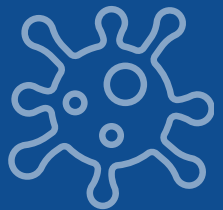


Scan the QR code for more information.

Contact your healthcare provider if you have questions. Find free or low-cost medical care, even if you do not have insurance. Visit phila.gov/primary-care.

Limit the spread of COVID-19:

- ☒ Get vaccinated
- ☒ Wash your hands often
- ☒ Avoid close contact with sick people
- ☒ Cover your cough and sneezes
- ☒ Stay home when sick
- ☒ Wear a mask if you are sick
- ☒ Clean commonly touched surfaces and take steps for cleaner air



COVID-19 Vaccines

Viruses may change over time. COVID-19 vaccines are updated to give you the best protection from the currently circulating strains.



Are COVID-19 vaccines safe?

Yes. All new and updated COVID-19 vaccines are thoroughly tested before being approved by the FDA.

Millions of people have received COVID-19 vaccines, and the CDC continuously monitors vaccines for safety and effectiveness.

Who should get a COVID-19 vaccine?

Everyone six months of age and older can get the updated COVID-19 vaccine now.

People with weakened immune systems and parents of younger children should talk with their healthcare provider about needing more than one dose this season.

The COVID-19 vaccine is especially recommended for persons at higher risk of severe disease, including:

- Children between 6 months and 23 months of age
- Adults 65 years of age and older
- People with weakened immune systems
- People who are pregnant
- People with chronic health conditions, such as lung disease, diabetes, and heart conditions



Why should I get a COVID-19 vaccine?

Getting a COVID-19 vaccine lowers your risk of severe illness or death from COVID-19.

Staying up to date with the latest COVID-19 vaccines protects you from the strains of virus currently circulating.

Questions to Ask Your Healthcare Provider

- Do I have any health conditions that could put me at increased risk of getting seriously sick with COVID-19?
- If I do feel sick, what should I do for my health and how can I protect those around me?