

RSV

Respiratory syncytial virus (RSV) is common respiratory virus that can cause severe, life threatening symptoms in infants and older adults.

RSV shots are available for older adults (50+), infants, and pregnant people to help protect those most at risk.



Who is at risk?

- Infants, especially those less than 6 months old
- Young children born prematurely
- Children and adults with some underlying conditions
- Older adults
- People with weakened immune systems
- Adults living in long-term care facilities

What are the symptoms?

- Fever
- Runny Nose
- Congestion
- Cough
- Sore Throat
- Wheezing
- Headache
- Tiredness

How does it spread?

RSV spreads easily through respiratory droplets from a cough, sneeze, or when touching surfaces with the virus on it and then touching your face.

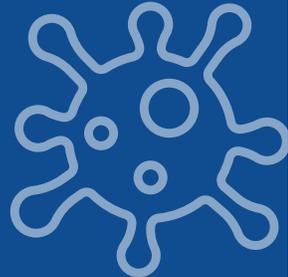


Scan the QR code for more information.

Contact your healthcare provider if you are concerned or have questions about symptoms.

Limit the spread of RSV:

- Clean commonly touched surfaces
- Avoid close contact with sick people
- Stay home when sick
- Wear a mask if you are sick
- Wash your hands often
- Cover your cough and sneezes
- Get vaccinated if eligible



RSV circulates most during the fall and winter months. If you are at high risk for severe RSV infection, or if you interact with those most at risk of getting very sick with RSV, you should take extra care to stay healthy.



Older Adults

The new RSV vaccines can protect you from severe RSV infection.

A single dose is recommended for all adults 75 years and older.

Some adults 50 years and older are at increased risk of severe RSV disease. Speak with your healthcare provider about eligibility.

Pregnant People

Pregnant people should get vaccinated for RSV to prevent severe illness in their infants.

Speak to your healthcare provider for more information.



Infants

Infants less than 8 months old whose birthing parent did not receive RSV vaccination during pregnancy should receive RSV antibodies in their first RSV season.

Suggested Questions to Ask Your Doctor

- Do I have any health conditions that could put me at increased risk of severe RSV?
- What is important for me to know about RSV and other respiratory viruses this season?