



PHILLY FLU FINDINGS

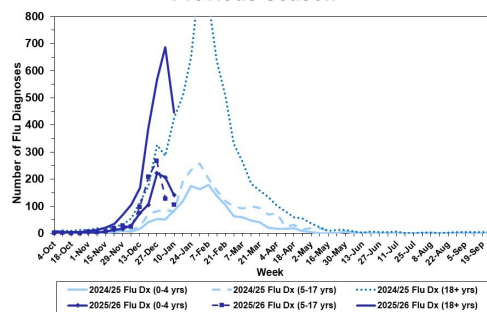
Philadelphia Department of Public Health
Seasonal Influenza Surveillance Report
MMWR Week 1 January 4, 2026—January 10, 2026

Philadelphia Influenza Activity

Please note these data are provisional and subject to change.

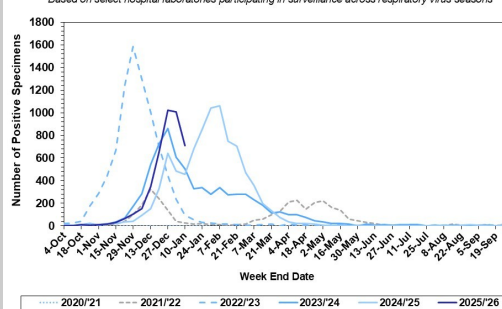
During week 1, influenza diagnoses at local emergency departments were still seasonally elevated but decreased for all age groups. Positive detections for influenza A at select local hospital laboratories remained high but declined sharply, while detections for influenza B remained low during week 1. Eighteen influenza outbreaks in long-term care facilities have been reported and confirmed (≥ 1 case of laboratory confirmed flu reported in a long-term care facility) during the 2025-2026 season to date.

Influenza Diagnoses at Philadelphia Emergency Departments, Current Season Compared with Previous Season



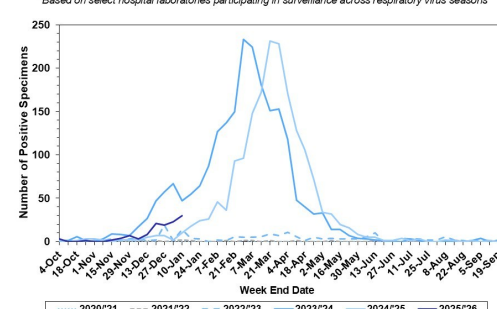
Laboratory-Based Surveillance for Influenza A Philadelphia, 2020/2021 through 2025/2026 Seasons*

*Based on select hospital laboratories participating in surveillance across respiratory virus seasons



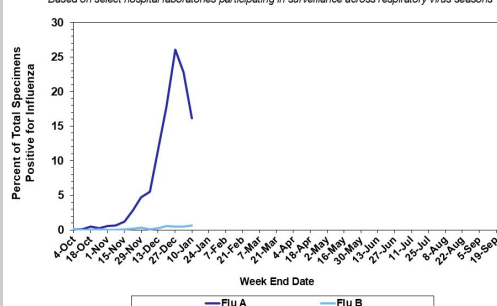
Laboratory-Based Surveillance for Influenza B Philadelphia, 2020/2021 through 2025/2026 Seasons*

*Based on select hospital laboratories participating in surveillance across respiratory virus seasons



Laboratory-Based Surveillance for Influenza (%) Philadelphia, 2025/2026 Season*

*Based on select hospital laboratories participating in surveillance across respiratory virus seasons



Pennsylvania

As of January 10, 2026 the Pennsylvania Department of Health (PADOH) respiratory virus summaries currently list influenza activity as moderate but decreasing rapidly. Activity levels in PA are based on laboratory confirmed influenza cases. For more information, please visit: <https://www.pa.gov/agencies/health/diseases-conditions/infectious-disease/respiratory-viruses/respiratory-virus-dashboard>

United States

As of January 10, 2026, the CDC reported that influenza activity is elevated across the country, but has decreased or remained stable for two consecutive weeks. In week 1, clinical laboratories reported 17,574 (18.6%) of 94,649 specimens tested positive for influenza, 93.0% of which were influenza A. Of influenza A specimens subtyped at public health labs, 87.8% have been subtyped as H3N2 and 12.2% have been subtyped as H1N1. In week 1, 19 jurisdictions with sufficient data reported minimal to moderate levels of activity, while 22 jurisdictions, including Pennsylvania and New York City, reported high activity. Additionally, 14 jurisdictions reported very high activity, including New York State and New Jersey. Activity levels are calculated from outpatient data reported to ILINet. For more information, please visit: <https://www.cdc.gov/fluview/surveillance/2026-week-01.html>

All institutional outbreaks and hospitalized and fatal cases of influenza are to be reported to PDPH.

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Reporting requirements and forms are posted online at hip.phila.gov