

Carbapenemase-Producing Organisms (CPO)/Carbapenem-Resistant Organisms (CRO) Check List for LTCFs: Measures to Prevent Transmission

- **Room Placement**

- ☐ Ideally, place the resident in a single room, if possible
- ☐ If single room placement is not possible, place the resident in a room with dedicated toileting facilities
- ☐ Do not cohort CPO colonized or infected residents, unless the organism is the same and has the same resistance mechanism, AND residents have the same additional multidrug-resistant organisms, if present
- ☐ If unable to provide a single room or cohort, room CPO resident with someone without invasive devices, open wounds, or incontinence of urine and stool

- **Implement contact precautions (CP) for residents who are a high-risk for transmission. This includes those with:**

- ☐ Draining wounds that can't be contained
- ☐ Incontinence that is difficult to contain
- ☐ Drainage around any ostomy sites that can't be contained
- ☐ Respiratory tract secretions that cannot be contained
- ☐ If unable to place a resident who requires CP in a private room, implement bedside CP

- **Adhere to Enhanced Barrier Precautions (EBP)**

- ☐ Perform hand hygiene before and after all resident contact
- ☐ Don a gown and gloves when performing high-contact resident care activities, including dressing, bathing, wound care, and device care
- ☐ Remove gloves and gown and perform hand hygiene when leaving the resident's room or before helping other residents in the same room
- ☐ Gown and gloves should always be changed and hand hygiene performed between residents, even if they share a room and have the same organism

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Measures to Prevent Transmission

- **Any transmission-based precautions include:**
 - ☐ Signage on the room door to alert staff to the type of precautions and the PPE that is needed
 - ☐ Isolation cart located immediately outside the resident's room
 - ☐ Cart stocked with alcohol-based hand sanitizer (ABHS), Personal Protective Equipment (PPE), and other items needed, such as disinfectant wipes and disposable medical equipment
 - ☐ Perform hand hygiene before donning PPE
 - ☐ Don gloves and an isolation gown before room entry
 - ☐ Remove gloves and then gown before exiting the room
 - ☐ Discard gown (if re-usable) in soiled linen hamper or trash can (if disposable) inside the room. Perform hand hygiene upon exiting the room.
 - ☐ Use dedicated resident equipment if possible. If not, disinfect after use.
 - ☐ If the room is shared, remove all PPE and perform hand hygiene before contact with the roommate or their environment.
- **Resident Travel Outside Room**
 - ☐ Assess the resident's personal hygiene and behavior to minimize the risk of transmission to others
 - Ensure the resident is freshly bathed
 - Ensure the resident has clean clothes on
 - ☐ If the resident meets the criteria to leave their room, they should perform hand hygiene immediately before leaving the room.
 - ☐ Return resident to the room if any care is required (excludes emergency care)
 - ☐ Residents should have a personal wheelchair when possible.
 - Wheelchairs should be kept clean and on a regular cleaning schedule.
 - ☐ Avoid group activities with shared supplies

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- ☐ Residents with a CPO should not leave their room unless the following criteria are met:
 - ☐ The site of infection is fully covered, and dressings are clean, dry, and intact
 - ☐ Respiratory secretions (including saliva) are contained
 - ☐ Fecal continence, urine can be contained
 - ☐ Resident is not on contact precautions
- ☐ Rehabilitation and therapies should be provided in the resident's room, whenever possible
 - ☐ If therapy is provided in other areas, the resident with the CPO should be scheduled last, and equipment and spaces should be thoroughly disinfected after use
- **Enhanced Environmental Cleaning and Disinfection**
 - ☐ Use resident-dedicated equipment and supplies when possible
 - ☐ Clean/disinfect re-usable equipment after use and prior to use by another resident with an EPA-registered product that is effective against the targeted organism
 - ☐ Focus cleaning and disinfection on high-touch surfaces, e.g., wheelchair, side rails, over-bed table, nightstand, remote control, call light, doorknobs, bathroom fixtures, bedside commode, toilet