

Criteria to Discontinue Isolation or Quarantine for Persons Exposed to or with Confirmed/Suspected COVID-19

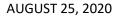
	Discontinue isolation for infected persons after the following:	Discontinue quarantine^ for exposed persons after the following:
Healthcare Workers* (including staff in long-term care, behavioral health, and drug/alcohol treatment facilities)	 Symptom-based strategy (preferred): 10 days after onset of symptoms AND 1 day without fever off antipyretics AND Symptoms have improved Test-based strategy: Resolution of fever off antipyretics AND Symptoms have improved AND 2 negative SARS-CoV2 PCR test respiratory specimens collected at least 24 hours apart Asymptomatic: Time-based strategy 10 days after positive test 	 For household exposures: 14 days after last exposure to the case If exposure is ongoing, 14 day count begins after the index case completes isolation If symptoms develop, healthcare worker should be tested for SARS-CoV2 For travel-related or community exposure: 14 days following last date of exposure Under conditions of staff shortages or altered standards: 7 days after exposure AND 1 negative SARS-CoV2 test at least 7 days after last exposure AND Continue to self-monitor for symptoms through Day 14 Under conditions of extreme staff shortages or crisis standards. No work exclusion regardless of exposure risk with twice daily symptom monitoring, including temperature checks



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Hospitalized Patients	Symptom-based strategy • 20 days after onset of symptoms # AND • 1 day without fever off antipyretics AND • Symptoms have improved Asymptomatic: Time-based strategy • 10 days after positive test	14 days after last exposure Note : This applies to persons who are hospitalized for a condition other than COVID, but incidentally had an exposure.
	# CDC guidelines permit for discontinuation of isolation at 10 days in patients with <u>mild to moderate illness</u> who are not severely immunocompromised.	
Non-Hospitalized Patients	Symptom-based strategy• 10 days after onset of symptoms AND• 1 day without fever off antipyretics AND• Symptoms have improvedAsymptomatic: Time-based strategy• 10 days after positive test	14 days after last exposure Note: For household contacts of a person with COVID-19 infection, quarantine ends 14 days after the end of isolation for the person with infection (i.e. the sick person isolates for 10 days and household contacts quarantine for an additional 14 days after the end of that 10 day period).
Non-Healthcare workers (including early childcare workers, teachers)	 Symptom-based strategy 10 days after onset of symptoms AND 1 day without fever off antipyretics AND Symptoms have improved 	14 days after last exposure Note : A negative test result after exposure is not required for lifting quarantine.
Children attending early childcare, camp, or school	Asymptomatic: Time-based strategy10 days after positive test	



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Residents in Long-term Care Facilities	Symptom-based strategy20 days after onset of symptoms # AND1 day without fever off antipyretics ANDSymptoms have improvedAsymptomatic: Time-based strategy20 days after positive test ## CDC guidelines permit for discontinuation of isolation at 10 days in patients with mild to moderate illness who are not severely immunocompromised.Note: Patients with COVID-19 do not have to complete isolation prior to transfer to a LTCF. Transfer of a patient with COVID-19 prior to the end of isolation requires communication of the patient's COVID status to the receiving facility, which has the discretion to refuse the patient if they cannot adhere to the infection prevention recommendations and there is risk of transmission to other patients in the facility.	14 days after last exposure
Residents in Other Congregate Settings (e.g. homeless shelters, rehab facilities, prisons)	Symptom-based strategy • 10 days after onset of symptoms AND • 1 day without fever off antipyretics AND • Symptoms have improved Asymptomatic: Time-based strategy • 10 days after positive test	14 days after last exposure Note : A negative test result after exposure is not required for lifting quarantine.





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Severely Immunocompromised Persons (including transplant recipients, inherited immunodeficiencies, and poorly controlled HIV)	 Symptom-based strategy 20 days after onset of symptoms AND 1 day without fever off antipyretics AND Symptoms have improved Test-based strategy if concern for prolonged infectiousness ≥ 20 days after onset of symptoms AND 2 negative SARS-CoV2 PCR test respiratory specimens collected at least 24 hours apart Asymptomatic: Time-based strategy 20 days after positive test 	14 days after last exposure
Persons traveling to Philadelphia from a different country or a state with high COVID-19 incidence (including all red states on the map at <u>this link</u>)	N/A	14 days after traveling to Philadelphia Note: If self-quarantine is not practical, wear masks at all times at the workplace or near other non-household members. Monitor closely for the development of new onset cough, fever, or other COVID-19 symptoms for 14 days.