

# Criteria to Discontinue Isolation or Quarantine for Persons Exposed to or with Confirmed/Suspected COVID-19

	Discontinue isolation for infected persons after the following:	Discontinue quarantine <sup>^</sup> for exposed persons after the following:
<p><b>Healthcare Workers*</b> (including staff in long-term care, behavioral health, and drug/alcohol treatment facilities)</p>	<p><i>Symptom-based strategy (preferred):</i></p> <ul style="list-style-type: none"> <li>• 10 days after onset of symptoms AND</li> <li>• 1 day without fever off antipyretics AND</li> <li>• Symptoms have improved</li> </ul> <p><i>Test-based strategy:</i></p> <ul style="list-style-type: none"> <li>• Resolution of fever off antipyretics AND</li> <li>• Symptoms have improved AND</li> <li>• 2 negative SARS-CoV2 PCR test respiratory specimens collected at least 24 hours apart</li> </ul> <p><i>Asymptomatic: Time-based strategy</i></p> <ul style="list-style-type: none"> <li>• 10 days after positive test</li> </ul>	<p><i>For household exposures:</i></p> <ul style="list-style-type: none"> <li>• 14 days after last exposure to the case</li> <li>• If exposure is ongoing, 14 day count begins after the index case completes isolation</li> <li>• If symptoms develop, healthcare worker should be tested for SARS-CoV2</li> </ul> <p><i>For travel-related or community exposure:</i></p> <ul style="list-style-type: none"> <li>• 14 days following last date of exposure</li> </ul> <p><i>Under conditions of staff shortages or altered standards:</i></p> <ul style="list-style-type: none"> <li>• 7 days after exposure AND</li> <li>• 1 negative SARS-CoV2 test at least 7 days after last exposure AND</li> <li>• Continue to self-monitor for symptoms through Day 14</li> </ul> <p><i>Under conditions of extreme staff shortages or crisis standards:</i></p> <ul style="list-style-type: none"> <li>• No work exclusion regardless of exposure risk with twice daily symptom monitoring, including temperature checks</li> </ul>

\*Universal masking is recommended for all personnel in healthcare facilities and other congregate settings. *In addition, eye protection should be worn for all patient encounters.*

<sup>^</sup>An asymptomatic person who has recovered from a lab-confirmed COVID infection within the previous 90 days does not need to quarantine following a new exposure.

	<b>Discontinue isolation for infected persons after the following:</b>	<b>Discontinue quarantine<sup>^</sup> for exposed persons after the following:</b>
<b>Hospitalized Patients</b>	<p><i>Symptom-based strategy</i></p> <ul style="list-style-type: none"> <li>• 20 days after onset of symptoms # AND</li> <li>• 1 day without fever off antipyretics AND</li> <li>• Symptoms have improved</li> </ul> <p><i>Asymptomatic: Time-based strategy</i></p> <ul style="list-style-type: none"> <li>• 10 days after positive test</li> </ul> <p># CDC guidelines permit for discontinuation of isolation at 10 days in patients with <a href="#">mild to moderate illness</a> who are not severely immunocompromised.</p>	<p>14 days after last exposure</p> <p><b>Note:</b> This applies to persons who are hospitalized for a condition other than COVID, but incidentally had an exposure.</p>
<b>Non-Hospitalized Patients</b>	<p><i>Symptom-based strategy</i></p> <ul style="list-style-type: none"> <li>• 10 days after onset of symptoms AND</li> <li>• 1 day without fever off antipyretics AND</li> <li>• Symptoms have improved</li> </ul> <p><i>Asymptomatic: Time-based strategy</i></p> <ul style="list-style-type: none"> <li>• 10 days after positive test</li> </ul>	<p>14 days after last exposure</p> <p><b>Note:</b> For household contacts of a person with COVID-19 infection, quarantine ends 14 days after the end of isolation for the person with infection (i.e. the sick person isolates for 10 days and household contacts quarantine for an additional 14 days after the end of that 10 day period).</p>
<p><b>Non-Healthcare workers (including early childcare workers, teachers)</b></p> <p><b>Children attending early childcare, camp, or school</b></p>	<p><i>Symptom-based strategy</i></p> <ul style="list-style-type: none"> <li>• 10 days after onset of symptoms AND</li> <li>• 1 day without fever off antipyretics AND</li> <li>• Symptoms have improved</li> </ul> <p><i>Asymptomatic: Time-based strategy</i></p> <ul style="list-style-type: none"> <li>• 10 days after positive test</li> </ul>	<p>14 days after last exposure</p> <p><b>Note:</b> A negative test result after exposure is not required for lifting quarantine.</p>

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	<b>Discontinue isolation for infected persons after the following:</b>	<b>Discontinue quarantine<sup>^</sup> for exposed persons after the following:</b>
<b>Residents in Long-term Care Facilities</b>	<p><i>Symptom-based strategy</i></p> <ul style="list-style-type: none"> <li>• 20 days after onset of symptoms # AND</li> <li>• 1 day without fever off antipyretics AND</li> <li>• Symptoms have improved</li> </ul> <p><i>Asymptomatic: Time-based strategy</i></p> <ul style="list-style-type: none"> <li>• 20 days after positive test #</li> </ul> <p><b># CDC guidelines permit for discontinuation of isolation at 10 days in patients with <a href="#">mild to moderate illness</a> who are not severely immunocompromised.</b></p> <p><b>Note:</b> Patients with COVID-19 do not have to complete isolation prior to transfer to a LTCF. Transfer of a patient with COVID-19 prior to the end of isolation requires communication of the patient's COVID status to the receiving facility, which has the discretion to refuse the patient if they cannot adhere to the infection prevention recommendations and there is risk of transmission to other patients in the facility.</p>	14 days after last exposure
<b>Residents in Other Congregate Settings (e.g. homeless shelters, rehab facilities, prisons)</b>	<p><i>Symptom-based strategy</i></p> <ul style="list-style-type: none"> <li>• 10 days after onset of symptoms AND</li> <li>• 1 day without fever off antipyretics AND</li> <li>• Symptoms have improved</li> </ul> <p><i>Asymptomatic: Time-based strategy</i></p> <ul style="list-style-type: none"> <li>• 10 days after positive test</li> </ul>	14 days after last exposure  <b>Note:</b> A negative test result after exposure is not required for lifting quarantine.

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	<b>Discontinue isolation for infected persons after the following:</b>	<b>Discontinue quarantine<sup>^</sup> for exposed persons after the following:</b>
<b>Severely Immunocompromised Persons (including transplant recipients, inherited immunodeficiencies, and poorly controlled HIV)</b>	<p><i>Symptom-based strategy</i></p> <ul style="list-style-type: none"> <li>• 20 days after onset of symptoms AND</li> <li>• 1 day without fever off antipyretics AND</li> <li>• Symptoms have improved</li> </ul> <p><i>Test-based strategy if concern for prolonged infectiousness</i></p> <ul style="list-style-type: none"> <li>• ≥ 20 days after onset of symptoms AND</li> <li>• 2 negative SARS-CoV2 PCR test respiratory specimens collected at least 24 hours apart</li> </ul> <p><i>Asymptomatic: Time-based strategy</i></p> <ul style="list-style-type: none"> <li>• 20 days after positive test</li> </ul>	14 days after last exposure
<b>Persons traveling to Philadelphia from a different country or a state with high COVID-19 incidence (including all red states on the map at <a href="#">this link</a>)</b>	N/A	<p>14 days after traveling to Philadelphia</p> <p><b>Note:</b> If self-quarantine is not practical, wear masks at all times at the workplace or near other non-household members. Monitor closely for the development of new onset cough, fever, or other COVID-19 symptoms for 14 days.</p>

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