

# WHAT'S IN

# MY BAG?

SUMMER  
EDITION



**HEAT-RELATED ILLNESSES ARE NO JOKE. CARRY THESE ITEMS WITH YOU FOR A SAFE SUMMER!**



## EMOTIONAL SUPPORT WATER BOTTLE

Use this to sip on water throughout the day, even when you aren't thirsty.



## SUNSCREEN

Use sunscreen whenever you're outside. Check the package to learn more about when to reapply your sunscreen.



## HAT

A hat can provide shade and protect your face and scalp from harmful UV rays.



## FAN

Keep a personal fan with you to stay cool and comfortable on the go.



## SUNNIES

Sunglasses are a stylish way to protect your eyes from harmful UV rays, reduce glare, and prevent eye strain.

