

## Where to get tested



Reach out to your healthcare provider. If you don't have one here are some options:

### Health Center 1 (South)

1930 South Broad St, 19145, 2nd Floor  
215-685-6570/215-685-6575

**(appointment recommended)**

M-F 7:45am-4pm, Sat-Sun Closed

### Health Center 5 (North)

1900 N. 20th St, 19121

215-685-2933 **(appointment required)**

M-Th 7:30AM-4:30PM, F 1:30PM-4:30PM,  
Sat-Sun Closed

### Health Center 4 (West)

4400 Haverford Ave, 19104

215-685-7601 **(appointment required)**

M-F 7:30am-4:30pm, Sat-Sun Closed



Find a healthcare clinic:  
[phila.gov/primary-care/](https://phila.gov/primary-care/)

## Vaccine is available

Getting vaccinated soon after a close exposure to Mpox can help keep you from getting the virus.

The vaccine for Mpox is a 2 dose series given 28 days apart.

Side effects are mild and can include sore arm, itchiness at the injection site, fatigue and muscle aches.

The vaccine is effective, but does not fully protect everyone. You should continue to be careful even after you have been vaccinated.



## What to do if you think you have Mpox



- Get tested as soon as possible
- If you test positive, isolate until you are relieved of all symptoms and all rashes have healed with a new layer of skin

### If you can't isolate

- Wear a mask around others
- Cover all lesions or rashes with bandages or clothing
- Avoid sex or other skin to skin contact with others until you get tested



If you're interested in vaccination or think you were exposed, **call 215-685-5488.**

For more information visit: [phila.gov/Mpox](https://phila.gov/Mpox)

# What you need to know about Mpox



## What is Mpox?

Mpox (formerly known as monkeypox) is a viral infection spread through close contact with a person who is infected or contact with infected materials.

## How does Mpox spread?

Contact with the rashes, scabs, or bodily fluids of someone who has Mpox.

Prolonged physical contact - hugging, kissing, or sex, with someone who has Mpox.

Contact with clothes, bedding, drinks, cigarettes, needles, works, or other items that have touched the rash or bodily fluids of someone who has Mpox.

Mpox can spread from the time symptoms start until all sores have healed and a fresh layer of skin has formed - this can take several weeks.



## What does Mpox look like?

Mpox may look like pimples or blisters and can show up on several parts of the body.



Rash or sores can be anywhere on the body: on or near the genitals, anus, hands, feet, chest or face.

Photo credits: VisualDx | NY Times, Matt Ford | CBS News Philly

## What are the symptoms of Mpox?

Rashes, sores, fever, headache, muscle aches, swollen lymph nodes, chills and exhaustion

Sores will go through several stages before healing.

Sores may be inside the body, including the mouth, vagina, or anus.

***Mpox symptoms may be very subtle. Get tested or see a health provider if you notice any rash.***



## Ways to protect yourself



Use protection during sex



Get vaccinated



Reduce skin-to-skin contact



Cover up when you can



Avoid sharing bedding, clothing, or other linens



Avoid sharing drinks, cigarettes, smoking devices, needles, works, and toiletries