

# Point of Care Blood Glucose Monitoring

- 1** Gather supplies for finger stick, only collecting what is needed. Glucometer (w/o case), single test strip, disposable single-use lancet, alcohol swab, cotton/gauze (optional)
- 2** Place disinfectant wipes and alcohol-based hand rub (ABHR) on med cart for easy access
- 3** Perform hand hygiene with ABHR, don gloves
- 4** Establish a clean surface (i.e. paper towel or disposable cup) . Carry supplies into room and place on the clean surface (towel/cup) on bedside table
- 5** Perform fingerstick per facility policy
- 6** Discard trash, place lancet in sharps container. Do not place used items on top of med cart prior to disinfecting.
- 7** Disinfect glucometer with disinfectant towelette and let it air dry. Alcohol swab should not be used as it is not effective against bloodborne pathogens.
- 8** Doff gloves and perform hand hygiene
- 9** Place disinfected glucometer in med cart

