



Mobile Mental Health Therapy

Information for Community Health Choices and Older Adult Populations in the Community and Long-Term Care Residences (Nursing Facilities)

Since the implementation of Community Health Choices, CBH has been tasked to fund behavioral health services for a new population set; Individuals previously on the aging waiver and individuals residing in nursing facilities. The one service that CBH will be the primary payor for is Mobile Mental Health Therapy. *(Note: This service is not covered by Medicare).* Mobile Mental Health Therapy is an extension of the Mental Health Outpatient license from OMHSAS. There are several nuances to this service:

- The Mobile Mental Health Treatment Program or MMHT provides clinical treatment within the home or facility (i.e.: Elder Care facility) environment for persons over the age of 21 years old. The Mobile Mental Health Treatment program was devised and is implemented to serve adults diagnosed with disorders such as agoraphobia or severe trauma history that may be triggered in traditional treatment settings, such as an outpatient clinic. The program is also devised to assist persons with physical limitations or mobility issues, even with specialized transportation as an option that may be required to attend an outpatient clinic.
- MMHT encompasses evaluation and treatment, which includes individual, group, and family therapy as well as medication visits, in an individual's residence or other appropriate community site (for example, senior centers, churches, or community rooms of senior apartments). **(Please refer to the OMHSAS MA Bulletin: 08-16-18)**

NOTE: Referrals, please contact **CBH Member Services: 888-545-2600**, or **Sophiya John, CBH Member Services Supervisor, Community Health Choices CBH Representative: 215-413-7662**; sophiya.john@phila.gov

The following CBH providers are available to delivery Mobile Mental Health Therapy to the CHC populations: (This list varies with both staffing availability and wait times)

1. Philadelphia Mental Health Center: 215-735-9379, extension 123, intake@pmhccares.org
2. Intercommunity Action, Inc. (Greenridge Counseling Center):
(215) 487-1330 greenridge@intercommunityaction.org
3. North City Congress: 215-978-1300 jhardaway@north-city.org
4. Intercultural Family Services: (215) 468-4673 / (215) 386-8490

Counseling Only Services

Supportive Older Women's Network (SOWN): 215-487-3000 Independent Practitioners (LCSW's)