STAY INFORMED ABOUT MPOX

What is Mpox?

Mpox is a viral infection that can spread from person to person through direct contact with the infectious rash, scabs, and bodily fluids.

Who can get mpox?

Anyone can get mpox. So far: Gay and bisexual cis men, queer people who have multiple sexual partners, sex workers of all genders, and healthcare workers who work closely with mpox infections are some of the people currently most at risk of contracting mpox.

Blaming one community is harmful and can hurt public health efforts to prevent the spread.

What are the symptoms of mpox?

Mpox may look like pimples or blisters and can show up on several parts of the body like genitals, feet, inside the mouth, face, anus, and hands.

Other symptoms can include headache, fever, muscle aches, swollen lymph nodes, chills, and exhaustion

How can you protect yourself?

Avoid close, skin-to-skin contact with people who have a rash that looks like mpox.

Do not handle or touch the bedding, towels, or clothing of a person with mpox.



If you're showing signs and symptoms of mpox, contact a healthcare provider or visit an urgent care center.



If you do not have a healthcare provider, visit <u>findahealthcenter.hrsa.gov</u> to find a local health clinic or visit an urgent care center.



If you think you've been exposed, contact the Health Department at (215) 685-5488.