

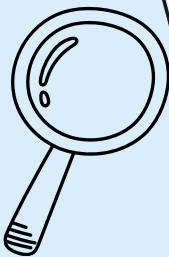
Chilly in the City

Winter Preparedness Activity Book



Department of
Public Health

CITY OF PHILADELPHIA



WINTER PREPAREDNESS SCAVENGER HUNT



Do you have any of these items below?
(Check off the items you find in your home)

☐

Canned
Food

☐

Bottled
Water

☐

Batteries

☐

Blanket

☐

First Aid
Kit

☐

Hat, gloves
and Scarf

☐

FlashLights

☐

Radio

☐

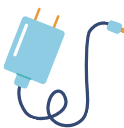
Important
medication

☐

Family and
Emergency
Contact List

☐

Cell Phone
Charger



Can you think of other items to place
in your emergency bag?

(Write them on the lines below)

.....

.....

.....



Department of
Public Health

CITY OF PHILADELPHIA

Name: _____ Date: _____

Be Wintertime Prepared

Across

3. Listen to music and news on this

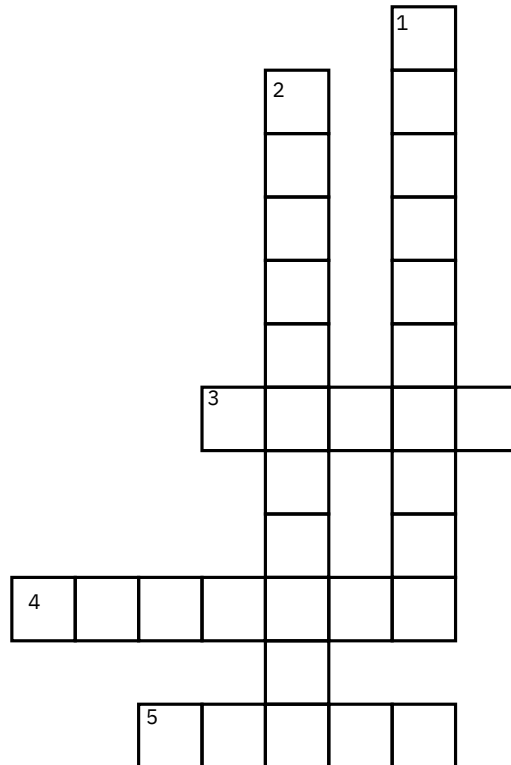
4. Feels soft and will keep you warm

5. Can help with hygiene and hydration

Down

1. Can shine a bright light, but you will need batteries

2. You need this in case of an emergency injury



For FREE up-to-date alerts:

Text **“ReadyPhila”** to **888-777**

www.ready.gov/kit

UESF helps families with utilities and other benefits to help keep a safe and stable home.

<https://bit.ly/WinterPhillyUtilities>

If you have older adult neighbors in need of assistance please call

PCA at

215-765-9040

or

Call **311** (Press 2 for interpretation in your language)

Check On YOUR NEIGHBORS

Contact **PGW's 24-Hour Emergency Hotline** at anytime for all gas leaks or gas-related emergencies
(215)-235-1212

If you lost power, contact PECO at

1-800-841-4141

or online at

<https://bit.ly/ReportPECO>



Check On Your Neighbors Activity

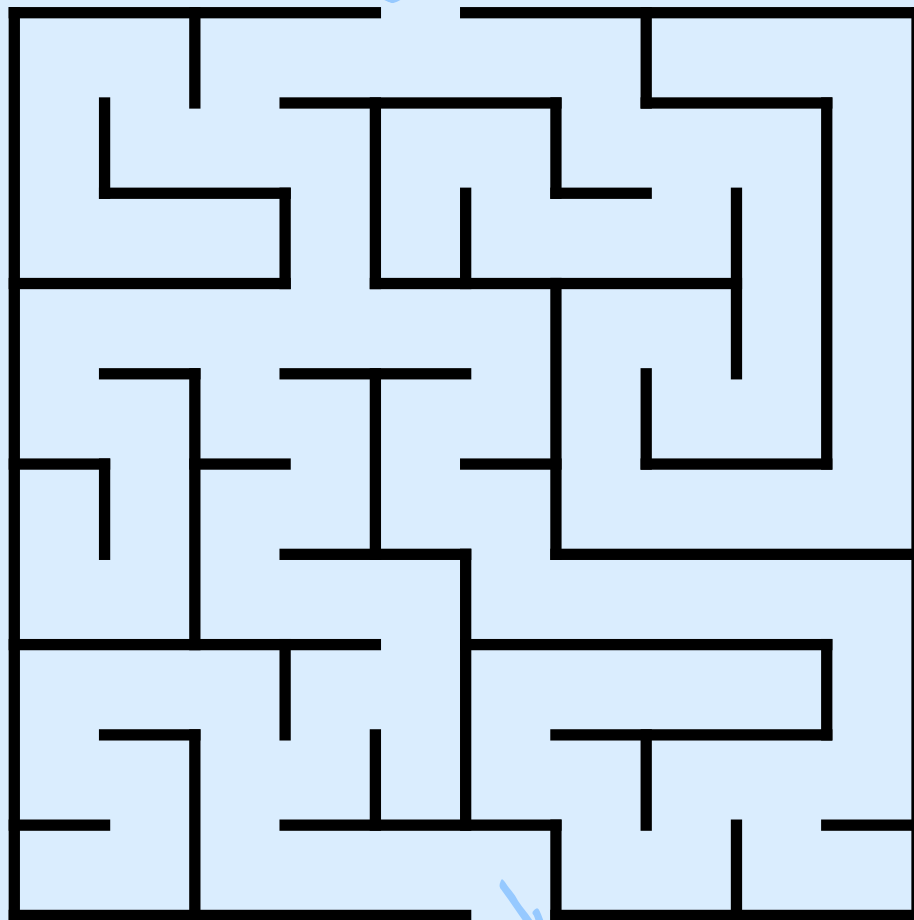
Amina and Amir bring groceries to neighbors!



Amina and Amir spent the day helping give out food and supplies at their community center. Ms. Celeste their neighbor was unable to come to get her box of items. Amina and Amir have volunteered to bring them to her home!

Can you go through the maze to help Amina and Amir bring food and preparedness items to their neighbor Ms. Celeste up the street?

Start Here!



It is recommended to always call **311** before going to a food pantry to make sure it is open, For more food assistance information, call Benephilly at **1-848-848-4376**



Scan this QR code for **City of Philadelphia** food distribution locations

For more info visit:

<https://bit.ly/WinterPhillyFood>

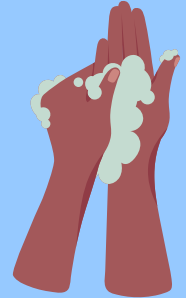
Hooray! You've made it to Ms. Celeste!



3 Ways You Can Prepare To Stay Healthy This Winter

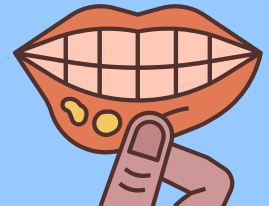
Wash your hands often.

1



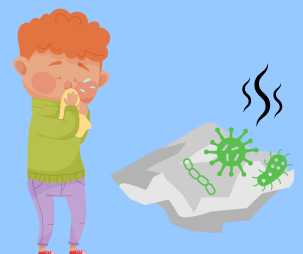
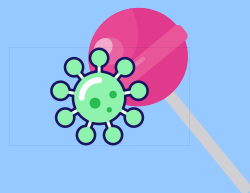
2

Avoid touching your face, eyes, nose & mouth with unwashed hands.



3

Avoid having shared items near your mouth, hands, & nose.



3 Pillars of Winter Safety



Ensure Safety

Ask if they have an emergency kit, help keep the driveway, walkways, and stairs clear after snowfall.



Check-In

Check on your neighbors before and after a storm. They may need assistance getting around during the winter months.

Ask if they need help with food, medication, and/or getting items from the store.

Ask if they are able to turn on their heat and if they are open to help paying their bills this winter.

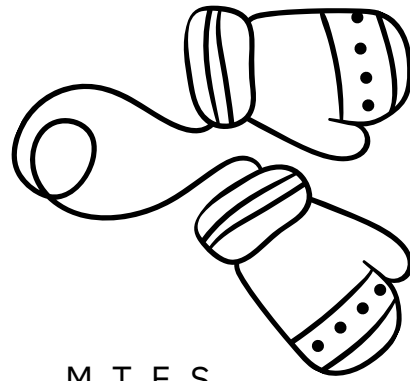
Keep Warm

As we get older, our bodies change. It can get difficult to know if your body is getting cold. Make sure your older adult neighbors are dressed warmly and have enough warm clothing.

Make sure their home has no draft near windows and doors.



_W_A_E_



M_T_E_S

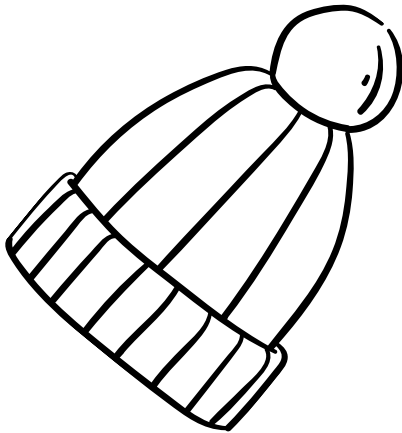
Winter Ready Wear

Activity and Coloring page

Can you guess the missing letters of these winter layers?



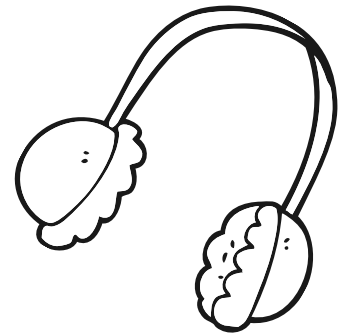
C_A_



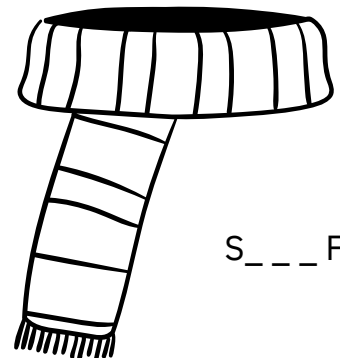
A



B_O_



E_R M_FF_



S___F

Picture Description Worksheet

How is this person in the picture feeling? When do you feel cold? What would you do to keep yourself warm? Write your answer below the picture.

[illegible]

Spot the Winter Necessities

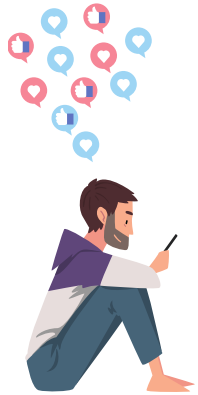
Circle the important items to have during the cold weather months in the picture below:



Ways to Stay Connected

The Public Health Preparedness Program helps neighbors prepare for and respond to emergencies like winter storms, and extreme heat.

Learn more by scanning the QR code or visit
bit.ly/PDPHPPreparednessOutreach



SCAN

The QR Code Here



EMAIL

PDPH Preparedness

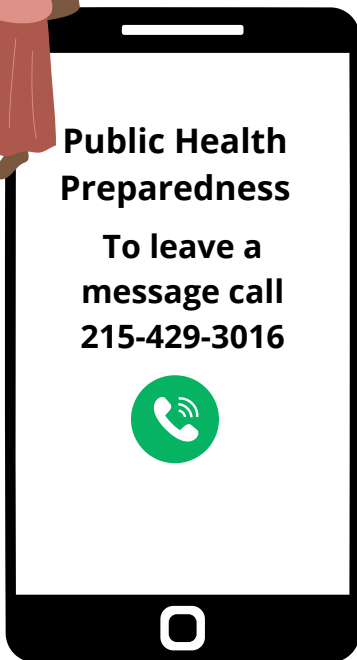


CALL



Public Health
Preparedness

To leave a
message call
215-429-3016



SIGN UP

By entering this link

<https://bit.ly/CPRNSIGNUP>



Department of
Public Health
CITY OF PHILADELPHIA

Name: _____ Date: _____

Be Wintertime Prepared

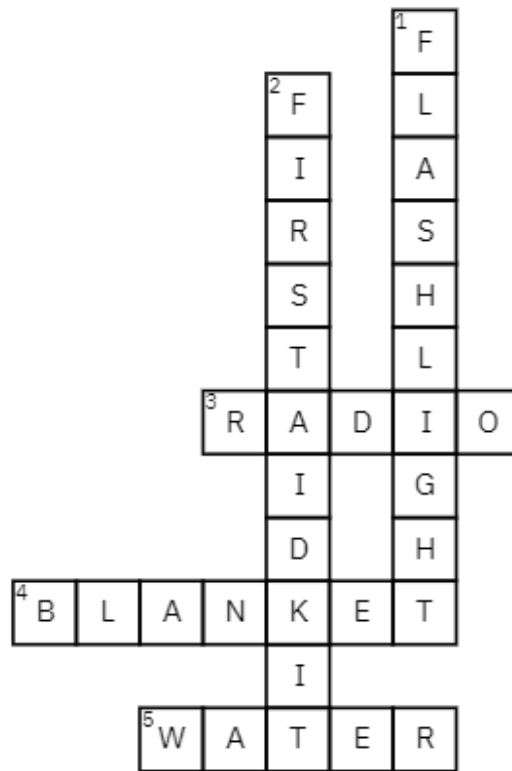
Answer Key

Across

- 3.** Listen to music and news on this
4. Feels soft and will keep you warm
5. Can help with hygiene and hydration

Down

- 1.** Can shine a bright light, but you will need batteries
2. You need this in case of an emergency injury



Check On Your Neighbors Activity

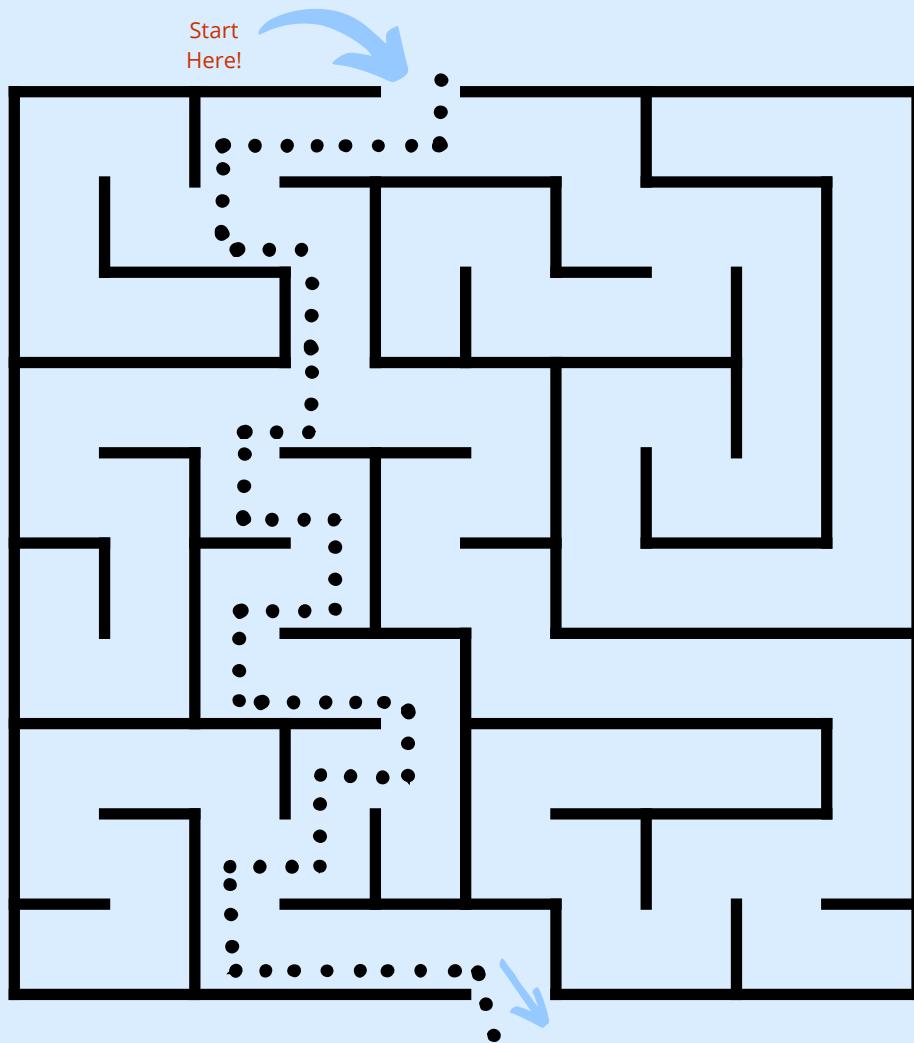
Answer Key

Amina and Amir bring groceries to neighbors!

Did you guess the right answer?



Start
Here!

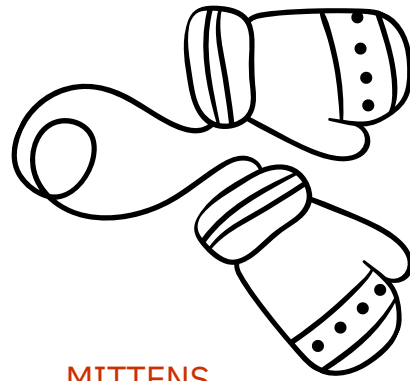


Hooray! You've
made it to Ms.
Celeste!





SWEATER



MITTENS

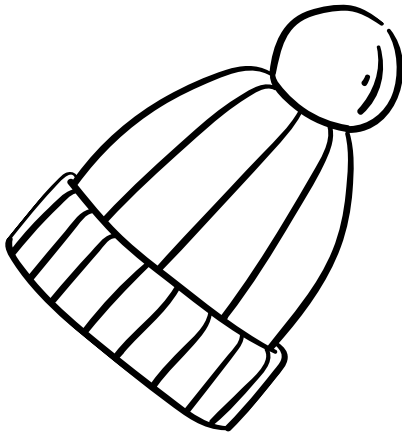
Winter Ready Wear

ANSWER KEY

Did you guess the right missing letters of these winter layers?



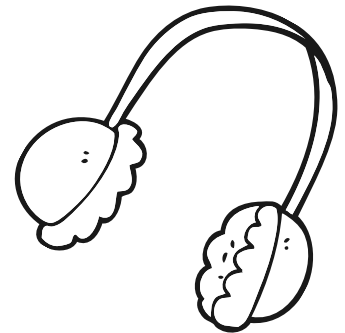
COAT



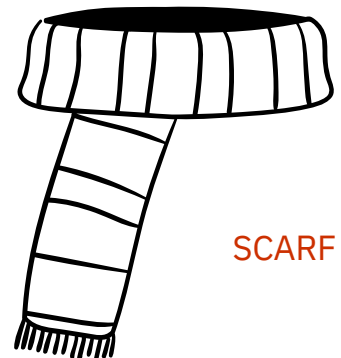
HAT



BOOT



EAR MUFFS



SCARF

Spot the Winter Necessities

Answer Key

Did you find all the items?



