Removing PPE

Sequence

1. Gloves 2. Face Shield or Goggles 3. Gown 4. Mask

Removing Gloves

- 1. Grasp outside glove by the palm
- 2. Peel away from hand, turning glove inside-out
- 3. Hold in opposite gloved hand
- 4. Slide ungloved finger under the wrist of the remaining glove
- 5. Peel off from inside, creating a bag for both gloves
- 6. Discard
- 7. Perform hand hygiene

Remove Goggles/Face Shield

- 1. Grasp ear or head pieces with ungloved hands
- 2. Lift away from face
- 3. Clean and store

Remove Gown

- 1. Unfasten ties
- 2. Peel gown away from neck and shoulder
- 3. Turn contaminated outside toward the inside
- 4. Fold or roll into a bundle
- 5. Discard
- 6. Perform hand hygiene

Remove Ear Loop Face Mask

- 1. With clean hands remove elastic band from behind ear one at a time
- 2. Avoid touching the outer surface
- 3. Fold the outer surface in on itself and store or dispose of mask.
- 4. Perform hand hygiene after handling mask.

Remove the N95 Mask

- 1. Do not touch the front of the mask
- 2. Pull the bottom strap over your head
- 3. Pull the top strap over your head
- 4. Store or dispose N95 mask
- 5. Perform hand hygiene after handling mask











