

# Antibiotics

- Only fight infections caused by bacteria
- Will NOT help you feel better if you have a viral infection such as:
  - A cold or runny nose
  - Bronchitis or a chest cold
  - Flu
- Can cause more harm than good, if you take them when you don't really need them:
  - You can get diarrhea, rashes or yeast infections
  - You might get an infection later that is harder to treat because it is resistant to antibiotics



As your health care providers, we are dedicated to prescribing antibiotics...



Steven Alles, MD,MS

A handwritten signature in black ink that reads "Steven Alles" with a stylized flourish underneath.



Susan Coffin, MD,MPH

A handwritten signature in black ink that reads "Susan Coffin" with a stylized flourish underneath.



Jane Gould, MD

A handwritten signature in black ink that reads "Jane Gould" with a stylized flourish underneath.

# ...only when you need them