

COVID-19

phila.gov/covid-19



STAY HOME

ESSENTIAL ACTIVITIES

- ✓ Grocery shopping and visits to pharmacies
- ✓ Delivery of food or essential goods
- ✓ Takeout at restaurants for orders placed by phone or online only
- ✓ Outdoor walking, running, and cycling

Allowed with safe social distancing

NON-ESSENTIAL ACTIVITIES

- ✗ All gatherings except for essential business and activities
- ✗ Walk-in takeout orders at restaurants
- ✗ Food trucks and ice cream trucks

Prohibited

KEEP HEALTHY

If you must leave your home for an essential activity, take these measures to keep yourself and everyone else healthy.



SOCIAL DISTANCING

Stay at least 6 feet away from other people.



MASKS

Continue to practice social distancing, even when wearing a mask.



HEALTHY HABITS

- Wash your hands often
- Cover coughs and sneezes
- Don't touch your face

KNOW THE SYMPTOMS



FEVER



COUGH



SHORTNESS OF BREATH

Do you have symptoms of COVID-19? Talk to a medical professional.

- **Your doctor:** Call your primary care physician or the health system you visited most recently
- **City health center:** Find one near you by calling 3-1-1 or visiting phila.gov/covid-19
- **Greater Philadelphia Coronavirus Helpline:** 800-722-7122

GET UPDATES & INFORMATION

GET TEXT UPDATES

Text COVIDPHL to 888-777

QUESTIONS?

Call Philly311



PHLPublicHealth



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