RETURNING FROM A ZIKA AREA?

USE THESE PRECAUTIONS:

1. **Use condoms**
   - especially if your partner is pregnant

2. **Prevent mosquito bites**
   - wear insect repellent and long sleeves and pants when outdoors

3. **Watch for symptoms**
   - such as fever, rash, joint pain, red eyes (some don’t show symptoms)

4. **Talk to your doctor**
   - if you’re concerned you have Zika virus

HOW IS ZIKA SPREAD?

- Zika is mainly spread by mosquitoes
- Zika can be transmitted through sexual intercourse and blood transfusions
- Zika can be transmitted to the baby during pregnancy and cause serious birth defects

www.phila.gov/zika  phillyhealth  @PHLPublicHealth