



The Audacity to Heal: Preventing and Recovering from Teen Sexual Assault

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A LONG WALK HOME

Founded in 2003, A Long Walk Home, Inc. (ALWH) is a 501 (c) non-profit that uses art therapy and the visual and performing arts to end violence against all girls and women.

Girl/Friends Leadership Institutes

Sexual Assault and Teens

- 1 in 4 girls and 1 in 6 is a victim of sexual assault before the age of 18. Half of these girls told no one about the incident.
- 90% of children and teens are most commonly raped or abused by someone known to them. More than half of those are family members.
- 25% of child sexual assault survivors told someone during the childhood.

Risk Factors

- Girls are more likely than boys
- Research shows a connection between bullying & sexual abuse – those who bully & are victims are especially at risk
- LGBTQ Youth
- Youth of different physical, emotional, or cognitive abilities are 3x more likely than non-differently abled peers
- Youth that live in households characterized by instability, interpersonal conflict, or other forms of abuse.

A SNAPSHOT OF GIRL/FRIENDS AT NLCP 2009-2014

61% OF RAPE SURVIVORS ARE
UNDER THE AGE OF 18

NORTH LAWDALE RANKS
3RD IN ILLINOIS IN
REPORTED VIOLENT
SEXUAL CRIMES

THE ONLY RAPE CRISIS
CENTER ON THE
WESTSIDE OF
CHICAGO CLOSED IN
APRIL 2011

PHYSICAL AND SEXUAL ABUSE ARE
TWO OF THE MOST COMMON
REASONS TEENS DROP OUT OF HIGH
SCHOOL.

400 NORTH LAWDALE GIRLS JOINED
THE GLOBAL MOVEMENT TO END
VIOLENCE AGAINST WOMEN AND
GIRLS. THEY LEAD PROGRAMS FOR
8000 STUDENTS.

50% EXPERIENCED SEXUAL
ASSAULT

61.9% EXPERIENCED TEEN
DATING VIOLENCE SURVIVORS

50.91% EXPERIENCED
DOMESTIC VIOLENCE

70.14% EXPERIENCED SEXUAL
HARRASSEMENT

2.38% INVOLVED IN SEX TRADE

66.5% EXPERIENCED INTERNET
SEXUAL VIOLENCE

Core Issues

- Peer Disclosures
- Lack of Safety Net
- Multiple Forms of Violence
- Ecological Model
- Invisibility to Investment

Girl/Friends Leadership Institute



WE ARE GIRL/FRIENDS

Art on Community Violence, Justice,
and Healing by Chicago Teen Girls



- 1 Girl/Me
- 2 Girl/Culture
- 3 Girl/Power
- 4 Girl/Future

Girl/Me

Self-Portraits



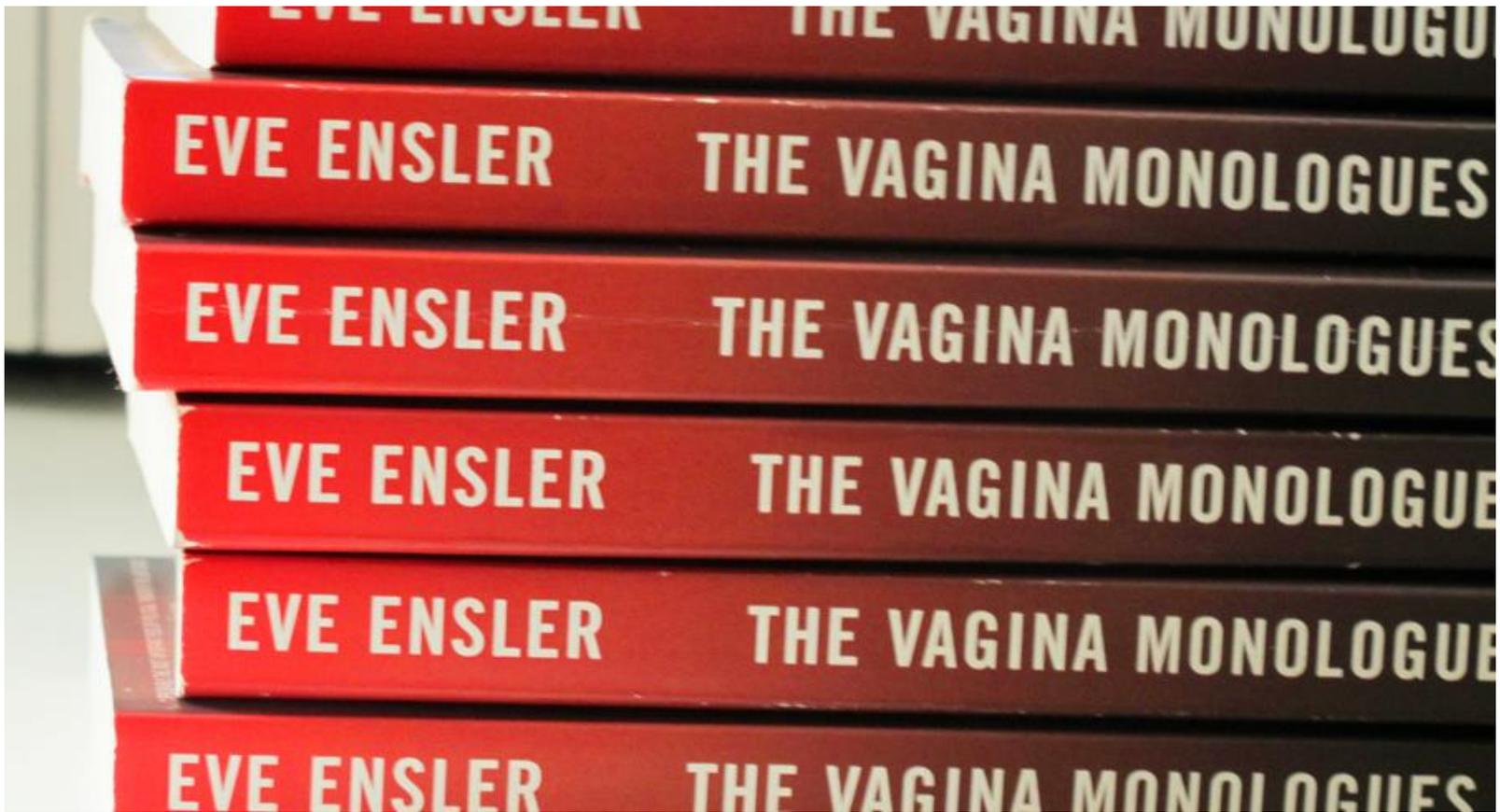
Self-Portraits



Self-Portraits



Girl/Me



Girl/Me



chicago abortion fund

make choice possible

Girl/Power

Girl/Friends Manifesto

Girl/Friends Manifesto

We are Girl/Girlfriends. We are not what society makes us. We are not loud, gold diggers or hos. We are intelligent.

We are independent. We are powerful. We are beautiful inside and out. We are creative, outspoken and misunderstood.

We stand for equality, respect and unity for everyone. We fight violence against girls and women. We are leaders. We strive to succeed. We have a voice.

We are the future!



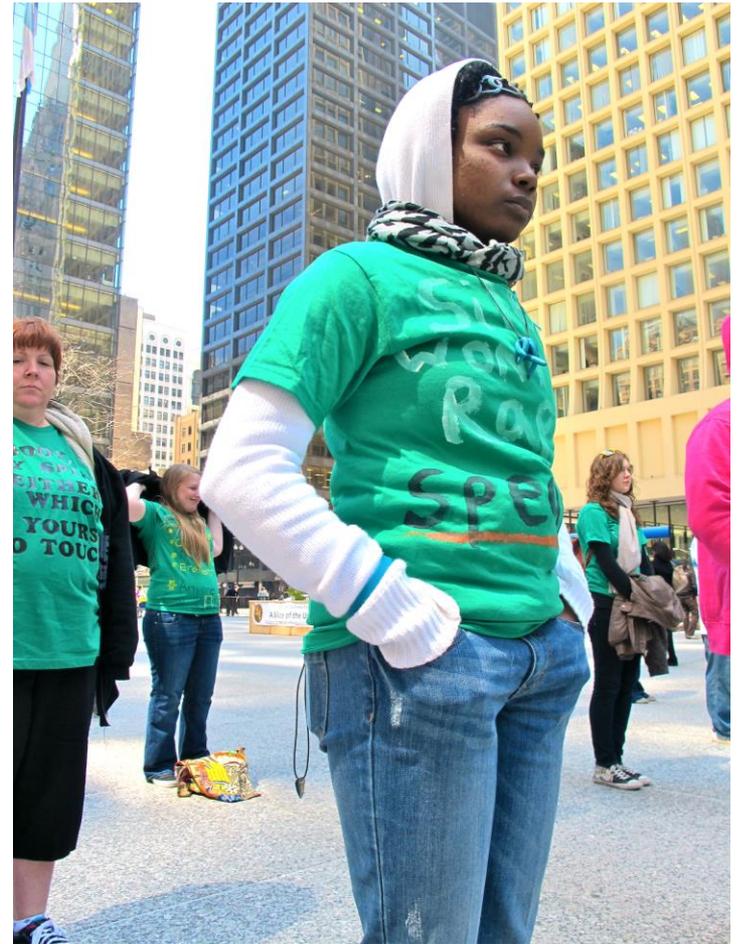
International Street Harassment Week



Ensuring School Safety Act (ESSA)

... and said why did
My name is [REDACTED] and I am
16 years old. I am writing this testimony
to support House Bill 2231 the Ensuring
Success in Schools Act (ESSA) initiated by
National Shriver Center for Poverty Law.
I am in a program called Girl/Friends
Leadership Institute by A Long Walk Home
which uses art therapy, visual and

Standing Silence in Chicago



Standing Silence in North Lawndale





**Girl/Friends
hosting and
learning
Self-defense for
Domestic
Violence
Awareness
Month**

Girl/Friends at Facing Race Conference



Girl/Friends at One Billion Rising Event at Daley Plaza





Jealousy is a sign that my partner loves me
(Myth)

If a young woman wears revealing or 'sexy' clothing, it's her fault if she gets raped
(Myth)

positive line composition metaphor value gesture symbol pa
shape tint hue abstract juxtapose

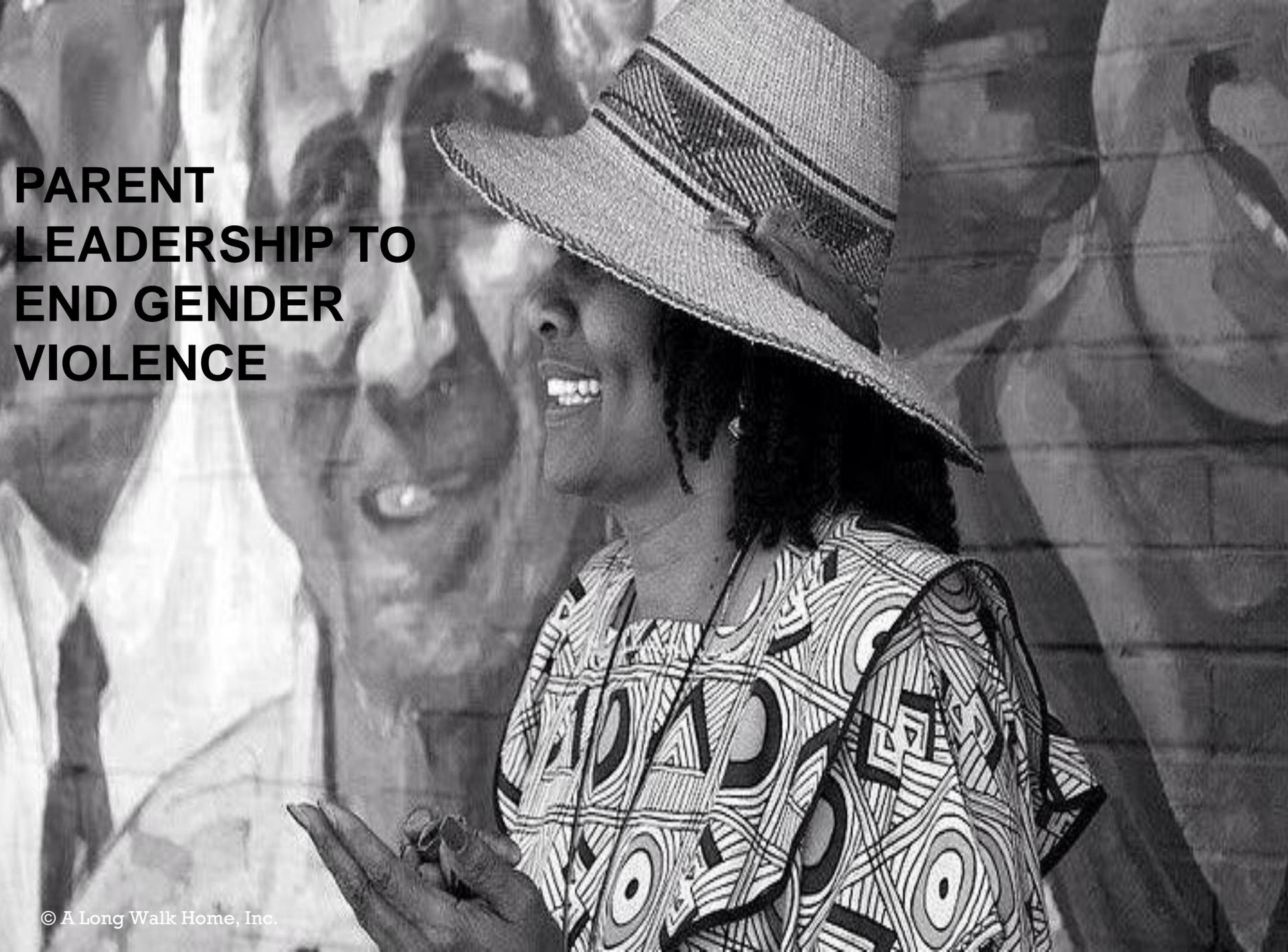
Girl Facts
One in five girls has been sexually abused by someone they know by age 18.

3
Impassioned music in the media do not have an impact on violence towards women and girls
(Myth)

Girl Facts
11% of young women have been sexually abused by someone they know by age 18.

Girl/Friends Recommendations for Safety Policy and Procedures for Young Girls

- Develop more advocates at their school who are also trained specifically in gender based violence
- Have on-site counseling and services for survivors and significant others of domestic, dating and sexual violence
- Make Girl/Friends a mandatory class
- Create more allies, resources, and support for Girl/Friends outreach events
- Have more lighting in the park around their campus (Collins)
- More security guards at the Christiana campus-Discrepancy between the two campuses in terms of safety
- Have policies and procedures in the school handbook about gender based violence



**PARENT
LEADERSHIP TO
END GENDER
VIOLENCE**

National Sexual Assault Conference



**2013 National Sexual Assault
Conference
August 2013**

Domestic Violence Awareness Family March



Domestic Violence Awareness Family March

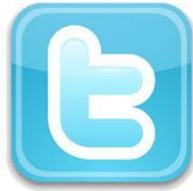


Join A Long Walk Home in the Movement to End Violence Against Girls and Women



A LONG WALK HOME

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